

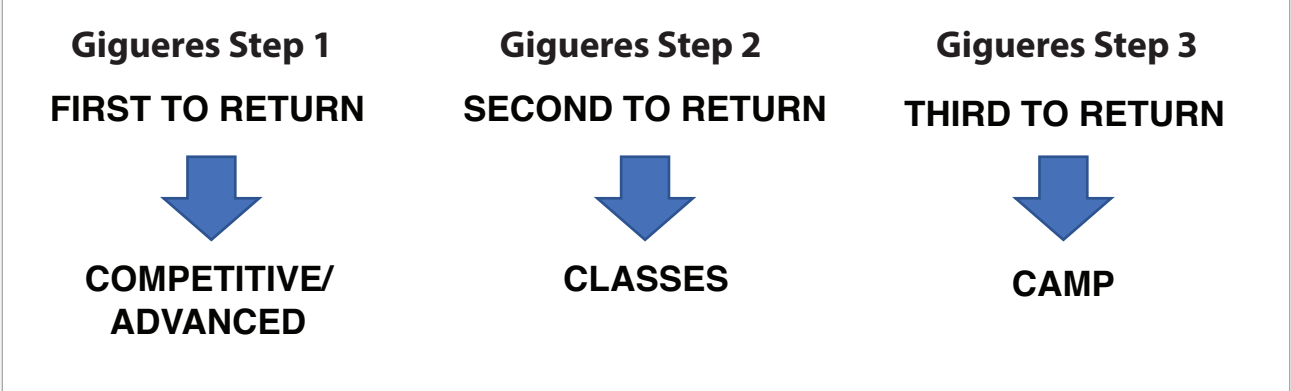


At this time, these are the protocols recommended and followed by gymnastics schools in Ma. Because this situation is changing daily, there may be changes warranted in specific towns or gyms. Gigueres will keep abreast of state and industry recommendations and adjust our policies if needed to meet the highest feasible levels of safety for our students, staff and families.

Please be advised that as of May 13th, we do not see a safe return to our normal camp season. If this changes, we may be able to offer some camp programs at a later date.

- KEEPING STUDENTS AND STAFF SAFE
- GETTING BACK TO FUN, SAFE, GYMNASTICS
- DOING THINGS RIGHT. ALWAYS!!

We remain committed to protecting our Families and employees by creating a guide that will help prevent the spread of viruses



GYMNASTICS GYMS PROTOCOL

Employee Guidelines	<ul style="list-style-type: none"> - Staff will follow illness policy including temperature checks and 24 hour wellness standard. - Staff will wash/sanitize hands prior to/at the conclusion of and between classes - Staff will avoid direct physical contact with children whenever possible (spotting is limited to necessity for all instructional classes) - Staff will be diligently trained on procedures and prepared to enforce any distancing protocols. - Staff will adhere to PPE requirements if set by the Local Board of Health - Employee travel will be monitored and isolation following travel will adhere to MA Board of Health recommendations
Building Preparation	<ul style="list-style-type: none"> - Disinfect and sanitize in prep for 'return to work' (use of Bioesque, EPA approved sanitizer) - Use of Bioesque, effective against Covid-19, throughout the building prior to open and throughout each day - All surface areas will be disinfected/sanitized multiple times daily once reopened - Hand Sanitizer stands throughout building accessible and monitored for refill - Drinking fountains covered and students encouraged to bring water bottles. - Pit covered with Mats. To be used with Mats covering only
Entering the Building	<ul style="list-style-type: none"> - Drop Off/Pick Up if able; No more than 1 adult per child in building - Students will be required to sanitize/wash hands upon entering gym
Traffic Flow Physical Distancing Facility Ratio	<ul style="list-style-type: none"> - Athletes and parents will use separate entrance and exit to control physical distancing and traffic flow - Parents will be required to where a mask and directed where to sit (6 feet apart) and view class to control distancing and flow - 250 sq. a/athlete in the gym for teams; student ratios and stations will be modified in class programming
Prior to Class	<ul style="list-style-type: none"> - Students will be required to sanitize/wash hands upon entering the gym - Employees will have disinfected/sanitized all equipment, entrance and exit points of program, parent areas - Students may be temperature checked upon entering the gym; students who appear ill or who have a temp over 99.5 will be sent home
During Class	<ul style="list-style-type: none"> - Athletes will sanitize/wash hands (supervised) after every rotation - Lesson plans have been modified to omit partner activities - Lesson have been modified to limit use of props. Props will be sanitized after each individual student's use??? - Stations and activities will be modified to allow safe distance between children - Porous surfaces such as carpet squares and bean bags will be temporarily taken out of use - Athletes will stretch/body shape/strength on vinyl mats that can be cleaned - Each athlete will bring a back pack to include: chalk in their personal plastic container, water bottle, grips
After Class	<ul style="list-style-type: none"> - Athletes and parent will use separate exit to control flow - Employees will begin disinfecting/sanitizing all areas used immediately to get ready for the next group